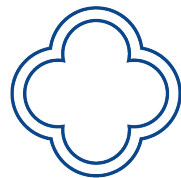
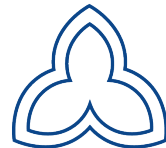
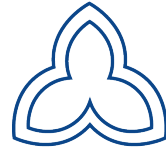
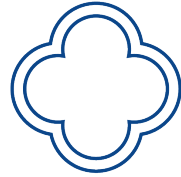


A service for

# Holy Communion

in Hard Times



Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you.

Welcome and notification of church notices

Prayer of Preparation

*We sit or kneel to pray*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

Prayers of Penitence

Our Lord Jesus Christ said:  
The first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.'

The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law  
and the prophets.

**Amen. Lord, have mercy.**

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

*We are forgiven*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
Amen.

## The Collect

A prayer for this Sunday  
please refer to the weekly pew sheet

## The Liturgy of the Word

We listen to readings from the Bible  
please refer to the weekly pew sheet

After the reading we may use the following words:

This is the word of the Lord.  
**Thanks be to God.**

## The Gospel

The Gospel is a reading from the part of the Bible  
which is about Jesus himself

Hear the Gospel of our Lord Jesus Christ according to...  
**Glory to you, O Lord.**

After the Gospel reading

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## The Talk

## The Creed

We believe in one God,  
the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only  
Son of God,  
eternally begotten of the Father, God from God,  
Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father; through him all  
things were made.

For us and for our salvation he came down  
from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped  
and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## Prayers of Intercession

These responses may be used after each supplication

Lord, hear us,  
*(All)* **Lord graciously hear us.**

## And at the end

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## The Peace

God is love  
and those who live in love  
live in God and God lives in them.

The peace of the Lord be always with you.  
**Amen.**

## Preparation of the Table

Blessed are you, Lord God of all creation:  
through your goodness we have this bread  
to set before you,  
which earth has given and human hands  
have made.

It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine  
to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

And now we give you thanks  
because, for our salvation,  
he was obedient even to death on the cross.  
The tree of shame was made the tree of glory;  
and where life was lost, there life has been restored.

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper  
with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for  
the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life  
and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life, help us to work together  
for that day when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with The Blessed Virgin Mary,  
Saint Michael and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.  
**Amen.**

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

#### [Breaking of the Bread](#)

Every time we eat this bread  
and drink this cup,  
**we proclaim the Lord's death  
until he comes.**

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.**

Jesus is the Lamb of God  
who takes away the sin of the world.  
**Blessed are those who are called to his supper.  
Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

## Prayer after Communion

The Post Communion Prayer is said

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

## The Blessing

May the Father,  
who so loved the world that he gave his only Son,  
bring you by faith to his eternal life.  
May Christ,  
who accepted the cup of sacrifice  
in obedience to the Father's will,  
keep you steadfast as you walk with him the way of his cross.  
May the Spirit,  
who strengthens us to suffer with Christ  
that we may share his glory,  
set your minds on life and peace.

And the blessing of God almighty...

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

### Acknowledgements

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