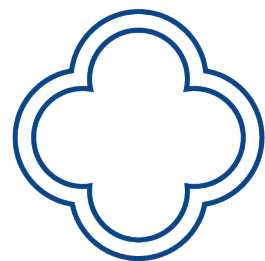
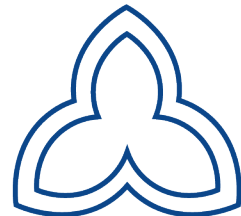
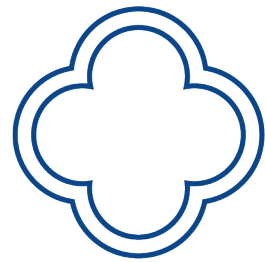
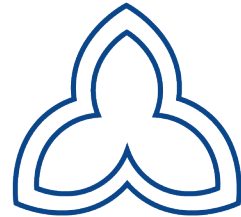
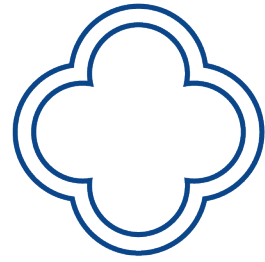
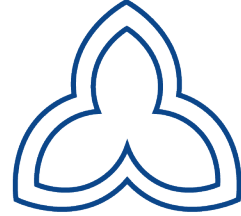
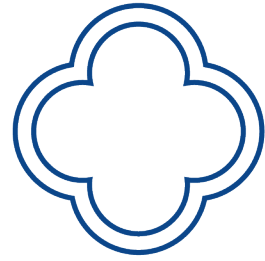


A service for

# Compline, Night Prayer

in Hard Times





*These are unprecedented times of disconnection leaving us feeling powerless and anxious about the unknown, the darkness. We are reminded by Joshua from the Old Testament - 'Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.'*

*Living in this time of isolation we can participate in ritual and language helping to remind us that we are connected. I invite you to start a new routine. Let us gather together united in the words of Compline, Night Prayer as we prepare for the dark of the night.*

*Join with me and pause at 9.00pm each evening as we unite to say the same words together. Interact using Cartmel Priory Facebook page, Monday to Friday from 8.55pm.*

*Together, let us share Night Prayer to bring a little peace, to remind us that we are connected and for us to make ready for sleep in order to help for the challenges of the new day.*

*The Reverend Nick Devenish*

## Preparation

The Lord almighty grant us a quiet night and a perfect end.

*(All)* **Amen.**

Our help is in the name of the Lord.

*(All)* **who made heaven and earth.**

A period of silence for reflection on the past day may follow

The following or other suitable words of penitence may be used

*(All)* **Most merciful God,**

**we confess to you,**

**before the whole company of heaven and one another,**

**that we have sinned in thought, word and deed**

**and in what we have failed to do.**

**Forgive us our sins,**

**heal us by your Spirit**

**and raise us to new life in Christ.**

**Amen.**

O God, make speed to save us.

*(All)* **O Lord, make haste to help us.**

*(All)* **Glory to the Father and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning is now**

**and shall be for ever. Amen.**

## The following may be said

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

## One or more of the following psalms may be used

### Psalm 4

- 1 Answer me when I call, O God of my righteousness;  
you set me at liberty when I was in trouble;  
have mercy on me and hear my prayer.
- 2 How long will you nobles dishonour my glory;  
how long will you love vain things and seek after falsehood?
- 3 But know that the Lord has shown me his marvellous kindness;  
when I call upon the Lord, he will hear me.
- 4 Stand in awe, and sin not;  
commune with your own heart upon your bed, and be still.
- 5 Offer the sacrifices of righteousness  
and put your trust in the Lord.
- 6 There are many that say, 'Who will show us any good?'  
Lord, lift up the light of your countenance upon us.
- 7 You have put gladness in my heart,  
more than when their corn and wine and oil increase.
- 8 In peace I will lie down and sleep,  
for it is you Lord, only, who make me dwell in safety.

## Psalm 91

- 1 Whoever dwells in the shelter of the Most High  
and abides under the shadow of the Almighty,
- 2 Shall say to the Lord, 'My refuge and my stronghold,  
my God, in whom I put my trust.'
- 3 For he shall deliver you from the snare of the fowler  
and from the deadly pestilence.
- 4 He shall cover you with his wings  
and you shall be safe under his feathers;  
his faithfulness shall be your shield and buckler.
- 5 You shall not be afraid of any terror by night,  
nor of the arrow that flies by day;
- 6 Of the pestilence that stalks in darkness,  
nor of the sickness that destroys at noonday.
- 7 Though a thousand fall at your side  
and ten thousand at your right hand,  
yet it shall not come near you.
- 8 Your eyes have only to behold  
to see the reward of the wicked.
- 9 Because you have made the Lord your refuge  
and the Most High your stronghold,
- 10 There shall no evil happen to you,  
neither shall any plague come near your tent.
- 11 For he shall give his angels charge over you,  
to keep you in all your ways.
- 12 They shall bear you in their hands,  
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder;  
the young lion and the serpent you shall trample underfoot.
- 14 Because they have set their love upon me,  
therefore will I deliver them;  
I will lift them up, because they know my name.
- 15 They will call upon me and I will answer them;  
I am with them in trouble,  
I will deliver them and bring them to honour.
- 16 With long life will I satisfy them  
and show them my salvation.

## Psalm 134

- 1 Come, bless the Lord, all you servants of the Lord,  
you that by night stand in the house of the Lord.
- 2 Lift up your hands towards the sanctuary  
and bless the Lord.
- 3 The Lord who made heaven and earth  
give you blessing out of Zion.

At the end of the psalmody, the following may be said

*(All)* **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Scripture Reading

One of the following short lessons or another suitable passage is read

You, O Lord, are in the midst of us and we are called by your name;  
leave us not, O Lord our God. Jeremiah 4.9

Be sober, be vigilant, because your adversary the devil is prowling  
round like a roaring lion, seeking for someone to devour. Resist him,  
strong in the faith. 1 Peter 8.9

Be strong and courageous; do not be frightened or dismayed, for the  
Lord your God is with you wherever you go. Joshua 1. 9

## The following responsory may be said

Into your hands, O Lord, I commend my spirit.

*(All)* **Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

*(All)* **I commend my spirit.**

Glory to the Father and to the Son

and to the Holy Spirit.

*(All)* **Into your hands, O Lord, I commend my spirit.**

## Gospel Canticle

### The Nunc dimittis (The Song of Simeon) is said or sung

*(All)* **Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

- 1 Now, Lord, you let your servant go in peace:  
your word has been fulfilled.
- 2 My own eyes have seen the salvation  
which you have prepared in the sight of every people;
- 3 A light to reveal you to the nations  
and the glory of your people Israel.

*(All)* **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*(All)* **Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

## Prayers

Intercessions and thanksgivings may be offered here

## The Collect

### Silence may be kept

Visit this place, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord.

*(All)* **Amen.**

### The Lord's Prayer may be said

## The Conclusion

In peace we will lie down and sleep;

*(All)* **for you alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus,

*(All)* **for the night is at hand and the day is now past.**

As the night watch looks for the morning,

*(All)* **so do we look for you, O Christ.**

The Lord bless us and watch over us;

the Lord make his face shine upon us and be gracious to us;

the Lord look kindly on us and give us peace.

*(All)* **Amen.**

### Acknowledgements

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