

These are the readings for Morning Prayer Lent 1

Please use in conjunction with Morning Prayer

Monday

Psalm 11
Genesis 41.25–45
Galatians 3.23–4.7

Thursday

Psalm 78.1–39
Genesis 42.18–28
Galatians 5.2–15

Tuesday

Psalm 44
Genesis 41.46–
42.5
Galatians 4.8–20

Friday

Psalm 55
Genesis 42.29–end
Galatians 5.16–
end

Wednesday

Psalm 6
Genesis 42.6–17
Galatians 4.21–5.1

Saturday

Psalm 76
Genesis 43.1–15
Galatians 6



Parish Weekly News First Sunday of Lent

Welcome to the Priory and to our Sunday services. A very special welcome to those who are worshipping with us for the first time.

The Priory - 22nd February 2026
8.00am Holy Communion BCP
Celebrant The Reverend Nick Devenish

10.30am Sung Eucharist
Celebrant The Reverend Nick Devenish
Setting: Rutter
Hymn: 416 Father, hear the prayer we offer
Reading: Romans 5.12-19
Gradual Hymn: 385 Be thou my guardian and my guide
Gospel: Matthew 4.1-11
Off Hymn: 308 Just as I am, without one plea
Comm: Turn thy face from my sins - Attwood
Post Communion Hymn: 496 Lead us heavenly Father
Recessional: Ciacona in E minor - Buxtehude

3.30pm Evensong BCP
The Reverend Nick Devenish
Responses: Plainsong
Psalm 119, 1-8 Chant: 308
Office Hymn: 483 Jesu, my Lord, my God
First Reading: Deuteronomy 6.4-9, 16-25
Magnificat: Morley
Second Reading: Luke 15.1-10
Nunc Dimittis: Morley
Anthem: Wash me throughly - S. S. Wesley
Final Hymn: 23 The duteous day now closeth
Recessional: An Wasserflüssen Babylon - J. S. Bach

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For Our Prayers

Lent One

Almighty God,
whose Son Jesus Christ fasted forty
days in the wilderness,
and was tempted as we are,
yet without sin:
give us grace to discipline ourselves in
obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Post Communion

Lord God,
you have renewed us with the living
bread from heaven;
by it you nourish our faith, increase our
hope, and strengthen our love:
teach us always to hunger for him who
is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.
Amen.

The Morning Service Readings

First Reading

Romans 5.12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass

following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Gospel Reading

Matthew 4.1-11

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.